



Adverbs of FREQUENCY

Adverbs of frequency express how often an action occurs.

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They generally answer the question “How often?”



This adverbs are essential for discussing habits and routines.

- Algo: some / a little
- Casi: almost / nearly
- Demasiado: too much
- Más: more
- Mucho: very much / a lot
- Muy: very / so / too
- Nada: at all / nothing at all
- Poco: not much / not at all
- Tan: so / such
- Tanto: so much / so long / so many



Siempre almuerzan temprano.
They always have lunch early.
Raramente hago deportes.
I rarely plays sports.